

# LESSON 13:

## PEER PRESSURE



### AIM:

To communicate that we have an effect on everyone that we meet. The question is, is it a positive or negative effect.

### YOU WILL NEED:

- Actual Reality CD
- Computer
- LCD Projector (depending on size of the group)
- Bibles
- Video player
- TV
- 'Pay It Forward' Video
- Peer Pressure Cards
- OHP or Flip Chart

### ACTIVITY:

[Using the peer pressure cards split the group into pairs. The cards are given out and the person with the 'A' card is trying to persuade the person with the 'B' card to give into their desires.]

[Intro the theme for the evening using this statement – **'We have an effect on everyone we meet, the question is, is it a positive one?'**]

**What can we achieve by the effect we have on people?**

### WATCH:

Pay it Forward Video

[Either: Watch the entire film

Or

Cue to: Approx 20 minutes into the film, to the scene where a lawyer and a reporter are talking on some stairs and the lawyer begins to explain what happened to his daughter.

Finish at the statement "Everything sucks!" after the classroom scene. The clip is approx 20 mins. long]

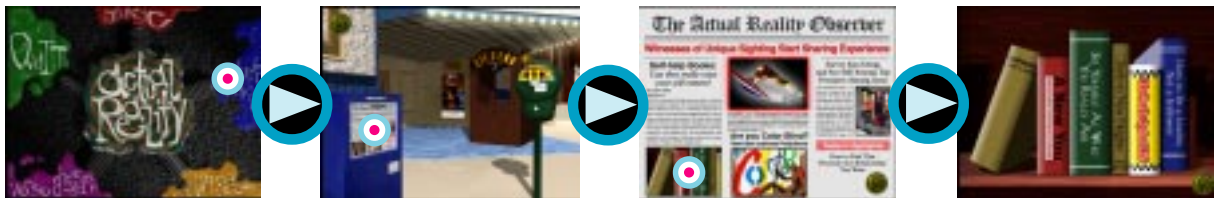
### INFORMATION:

- This film shows the effect that positive input can have on people.
- Trevor's idea of positive input sparks people off into helping and encouraging others – The way God designed life to be.

**God's thoughts on Peer Pressure**

### CD:

[Follow these screen clicks to get to 'bookshelf']



[click on purple 'How to be a leader' book]

[Instantly Proverbs 1:10 – 19 will come up ]

### DISCUSS:

Brainstorm or into small groups

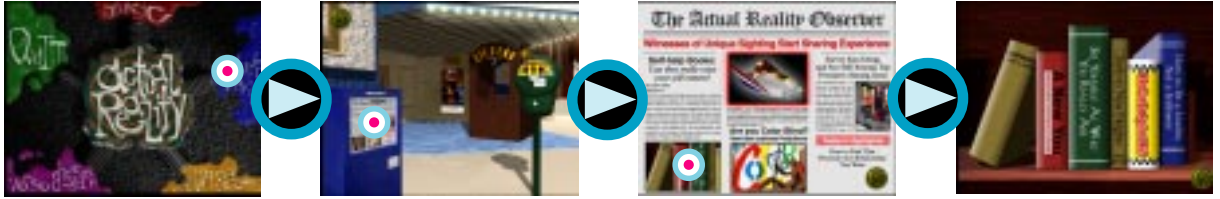
1. "What are these verses saying?"

[Allow the group to feedback and explore their answers. Answers could be written up on a flip chart or OHP]

2. "How does this apply to how you should treat others?"  
[Allow the group to feedback and to explore their answers.  
Answers could be written up on a flip chart or *OHP*]

**CD:**

[Follow these screen clicks to get to 'bookshelf']



[click on brown 'Climb to new heights' book]

[After the section has finished 2 bible verses will come up Eph. 1:4 + 2:10]

**INFORMATION:**

**Eph. 1:4**  
Speaks of how God has chosen us to be holy and blameless.

Therefore if we are called to be that, then our actions and influence on others must be just that, holy and blameless. In other words what comes out of our mouths must encourage and build up not tear down and destroy.

The word 'Bully' means 'to tear apart'.

**Eph. 2:10**  
If people are God's workmanship then we shouldn't spend our time trying to destroy what He so happily made.

If God has plans for people's lives shouldn't our purpose be to help them find that plan, not manipulate them into doing things that aren't in God's will for them.

If God therefore has a plan for you, don't let others dissuade you from it or allow them to knock you off course.

**CONCLUSION:**

**We affect everyone we meet and God calls us to be positive encouragers of our peers.**

# LESSON 13:

## PEER PRESSURE CARDS



Try to persuade the person next to you that Smarties are the greatest sweets ever invented, and that to eat a Smartie would make their life happier and better. You may find that they may have doubts about having Smarties, so try and convince them!

Don't be convinced by the claims that Smarties are all that. In fact argue the opposite. Argue that you've heard that Smarties are bad for you and can cause health problems. After all you don't know what's in them, or who made them.

Try to persuade the person next to you that Rugby is the greatest sport ever invented, and that to play Rugby would make their life a happier one. You may find that they may have doubts about playing Rugby, so try and convince them!

Don't be convinced by the claims that Rugby is all that. In fact argue the opposite. Argue that you've heard that Rugby can be bad for you and can cause a health problems. After all you don't know what the oppositions motives are, and you could get hurt.

Try to persuade the person next to you that Boy Zone are the greatest Band ever, and that to hear Boy Zone would make their life a better one. You may find that they may have doubts about having Boy Zone, so try and convince them!

Don't be convinced by the claims that Boy Zone are all that. In fact argue the opposite. Argue that you've heard that Boy Zone are pants and can cause headaches. They're hardly boys any more so therefore isn't that lying, and you can never trust people who tell lies.

Try to persuade the person next to you that reading Encyclopaedia's can expand your mind, and that to read one would make their life happier and take them to a higher plain. You may find that they may have doubts about Encyclopaedia's, so try and convince them!

Don't be convinced by the claims that Encyclopaedia's are all that. In fact argue the opposite. Argue that you've heard that Encyclopaedia's are bad for you and can mess up your brain. After all, exposing your mind to that kind of input can't be good for you.