

LESSON 11:

TEMPTATION



AIM:

To show that temptation is something that we all face and that through Jesus' death we always have a way of resisting.

YOU WILL NEED:

- Worksheets
- Actual Reality CD
- A, B, C Cards
- Bibles
- Veggie tales video (George and his duck)

BRAINSTORM:

[Lead the group in this brainstorm to introduce the subject of temptation.]

What is the biggest temptation you've faced?
Did you avoid it?
If no, what happened, if yes how?
How do you know when you are being tempted?

WORKSHEET:

[This worksheet is looking at three of the main areas that young people struggle with and is designed to give them an idea of these areas and how to avoid them]

Work through the worksheet.

CD:

[Follow these screen clicks to get to 'coming attractions']



[Click on the exposing temptation section and listen to the comments then lead a discussion on the following points].

Do you agree with what was said about temptation?
How easy is it to resist temptation?
How can we resist temptation?
How did Jesus do it?

[Then spend some time finding out how he did do it.]

BIBLE:

Luke 4:1-12

Jesus defeated temptation by knowing the Bible and quoting it. When the devil tempts us it is often with things that are contrary or manipulating Scripture. We need to know the Bible so that when we're tempted we can withstand and defeat the temptation.

[Use **CD 1 Corinthians 10:13**]

VIDEO:

[Veggie Tales – George and His Duck. Use clips or whole depending on time and/or type of group.]

CD:

[Follow these screen clicks to get to 'coming attractions']



TRUTH + LIES: [Click on the screen to come through to the truth and lies section compare and contrast the Bible verses. Lead a discussion as to whether the young people have found these to be realities in their own lives. Have examples yourself to help to stimulate the discussion.]

BIBLE:

2 Samuel 11

David found himself in the **wrong place** – Should have been at war (v1)

He **looked** at things he shouldn't have looked at – Bathsheba bathing (v2)

He **started talking** about it – finding out who she was (v3)

He **made contact** with her – Meets Bathsheba (v4)

Gave in to temptation – He slept with her (v4)

He tried to **cover it up** – Got Uriah to sleep with her, so it would look like he was the father (v6-13)

He committed **murder** – kills Uriah the Hittite (v17)

He then **denies** it - Nathan the prophet has to tell him of his sin. (ch 12:5-7)

He is then sorry, he asks for **forgiveness and it is given.** (Psalm 51)

If we are giving in to temptation, we need to check where we are, check out what we're looking at. Stop taking things further, talking to people and looking into things. If we have fallen into temptation we need to ask God for forgiveness, and then change the way we do things so we have the victory.

[Hand out the take home cards from the worksheet. Allow people to take them from a big pile of all of them mixed up to avoid any embarrassment.]

CONCLUSION:

We are all prone to temptation. Through Jesus dying for us we now have the victory over temptation. Like David we always have a way back whatever we've done.

LESSON 11:

WORKSHEET



TEMPTATION

- 1) There is a party going on next Friday night where a large amount of free alcohol is going to be available. If you go, it is highly likely that you'll get drunk, do you:
 - a) Go to the party and risk getting drunk? (go to question 2)
 - b) Not go and stay at home or do something else? (go to question 3)

- 2) You're out with your friends who have some alcohol with them and want you to get drunk with them do you:
 - a) Get drunk with them? (Collect card A)
 - b) Say you'll just have a soft drink or go home? (go to question 3)

- 3) Channel 5 has got a porn series on starting at 11.00pm do you:
 - a) Avoid it like the plague because it's degrading? (go to question 5)
 - b) Stay up and watch it? (go to question 4)

- 4) Your friend's boy/girl friend who you have always found attractive is coming on to you, do you:
 - a) Arrange to meet and risk ending up kissing? (collect card B)
 - b) Avoid the situation and consider telling your friend? (go to question 5)

- 5) All your friends are talking about a friend of yours who might possibly be dating or about to date, do you:
 - a) Join in and also tell others? (go to question 6)
 - b) Avoid the situation / tell them not to talk about it? (go to question 6)

- 6) You see two friends kissing who no one knew were going out, do you:
 - a) Go and tell all your friends? (pick up card C)
 - b) Keep it to yourself and forget about it? (pick up all three cards, you'll probably want to hand them out to your sinful friends).

LESSON 11:

CARDS



Make multiple copies of the cards below for use with the temptation worksheet.

Card A

Avoid going into situations where there is alcohol around. If you are going to a party then get people to pray for you. Try and go with other Christians if at all possible. Learn these scriptures to use when feeling tempted:

Proverbs 23:21 "for drunkards and gluttons become poor, and drowsiness clothes them in rags."

Proverbs 20:1 "Wine is a mocker and beer a brawler whoever is led astray by them is not wise."

Ephesians 5:18 "Do not get drunk on wine which leads to debauchery. Instead be filled with the Spirit."

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Card B

Avoid late night television and magazines that you know aren't going to be helpful. Find an older Christian of the same sex who you can talk these things through with and can pray with you. Learn these scriptures to use when feeling tempted:

Psalms 119:9 "How can a young man or woman (italics added) keep his way pure? By living according to your word."

Matthew 5:27+28 "You have heard that it was said do not commit adultery. But I tell you that anyone who looks at a woman or man (italics added) lustfully has already committed adultery with her in his heart."

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Card C

Make sure that you avoid gossiping situations. Take an active role in changing the subject when you're in them. Find an older Christian of the same sex who you can talk things through with and also pray with them. Learn these scriptures to use when feeling tempted:

Proverbs 11:13 "A gossip betrays a confidence, but a trustworthy man keeps a secret."

Proverbs 16:28 "A perverse man stirs up dissension and a gossip separates close friends."

James 3:10 "Out of the same mouth come praise and cursing. My brothers this should not be."

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